

ProVerb Music

THE PROFESSIONAL

TEBOGO 'PROVERB' THEKISHO
MEDIA PERSONALITY | AUTHOR |
ENTREPRENEUR | SPEAKER

PROFESSIONAL HIGHLIGHTS

- Host of Sizekhaya National Lottery (Current)
- Host of South African Idols (2010–2023)
- Host of Miss World South Africa & Metro FM Music Awards 2024
- 2x Published Author: The Book of ProVerb (2020) & To Health With it! (2025)
- Radio Host: Metro FM 'Midday Link-Up' (Current)
- Co-Executive Producer & Entrepreneur
- Completed MBA Degree at Regensys Business School (2005)
- BBA Degree (Regensys, 2023)
- Diploma in Sound Engineering (2002)

CAREER EVOLUTION

From lyrical pioneer to television & radio powerhouse, ProVerb has transitioned seamlessly across entertainment platforms. As a storyteller, producer, and presenter, he has showcased longevity, adaptability, and continued relevance in the ever-evolving media landscape.






ENTREPRENEURSHIP & IMPACT

- Founder of ProVerb Music Productions
- Former Co-owner of SIC Entertainment
- Former Board Member (SAMRO, Flight Centre, Celeb EXP)
- Partnered with NGOs: Imbumba Foundation, Nelson Mandela Foundation
- Property Portfolio (GP, WC, KZN)

RECENT MILESTONES

- Mind to Page SA Writers' Awards – Best Biography (2025)
- UMA Icon Award Recipient (2025)
- Hope Givers Foundation – Legend Award (2024)
- PRISA, PRISM – Gold Media Personality of the year (2022)
- You Spectacular – Favourite TV Presenter Award (2017)
- South African Hip Hop Awards – Hustler of the year (2015)

DIGITAL PRESENCE

-  www.proverbmusic.net
-  @ProVerbMusic (Instagram, TikTok, X, Facebook)
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